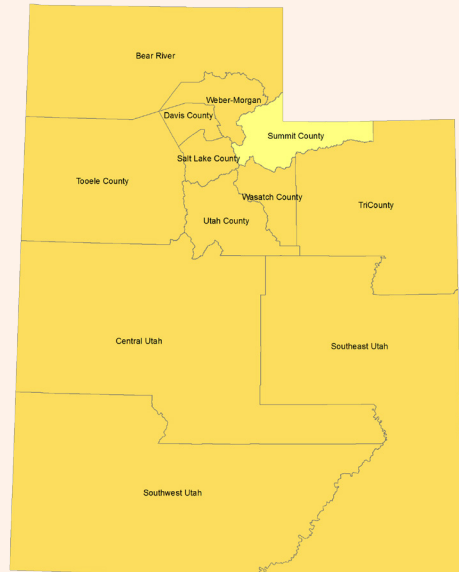




Age-Adjusted Adult Obesity Rates by Local Health District 1989-2012

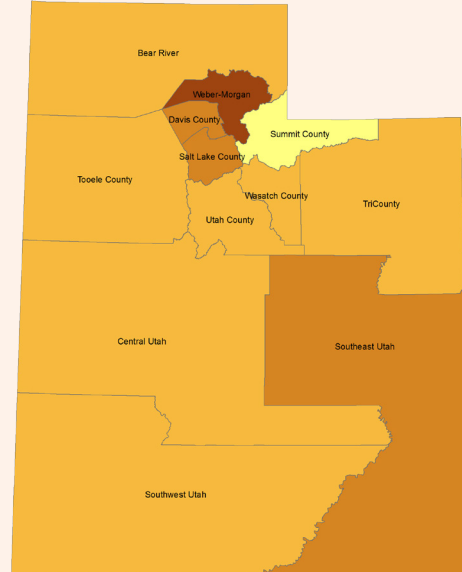


1989-1995*



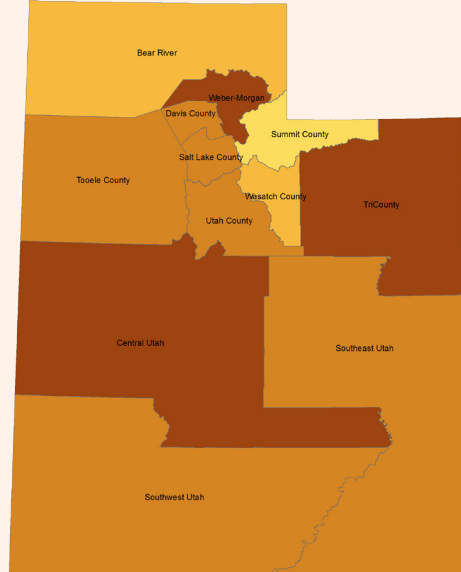
State Rate 11.7%
(CI: 11.1%-12.4%)

2000



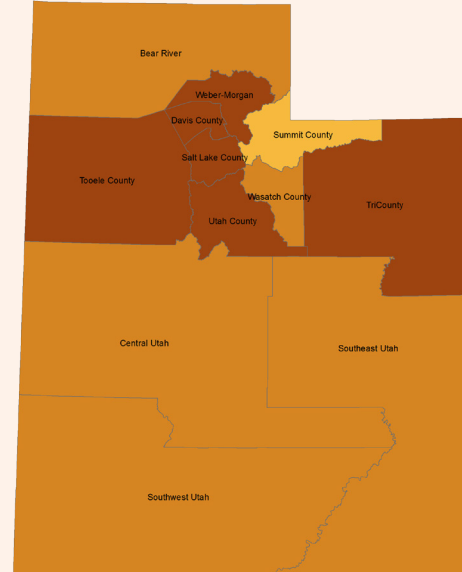
State Rate 19.5%
(CI: 17.7%-21.6%)

2005



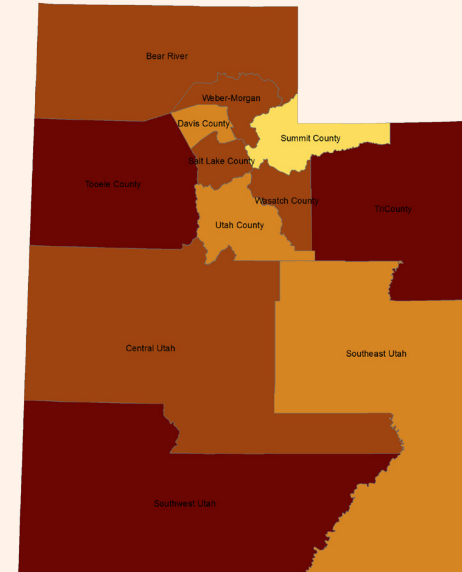
State Rate 22.1%
(CI: 20.7%-23.5%)

2010



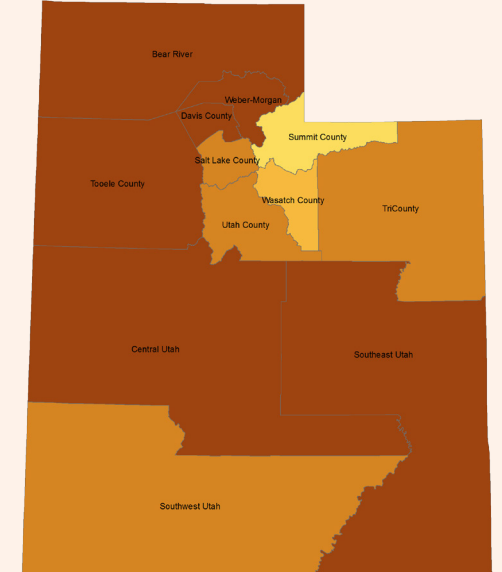
State Rate 25.1%
(CI: 24.1%-26.1%)

2011



State Rate 25.0%
(CI: 24.0%- 26.0%)

2012



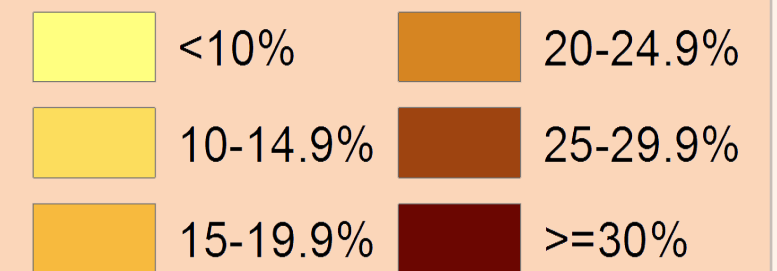
State Rate 24.8%
(CI: 23.8%-25.8%)

*Seven years of data were combined to produce reliable estimates.

General Observations:

- Summit County LHD consistently has the lowest obesity rate in the state
- In 2012, half of the 12 LHDs had obesity rates of 25% of adults or higher
- The obesity rate for Utah adults has doubled from baseline (1989-1995) to 2012

Legend



www.choosehealth.utah.gov

Source: Utah BRFSS 1989-1995 (combined), 2000, 2005, 2011, 2012. Rates are age-adjusted. Obesity >=30 Body Mass Index. CI: Confidence Interval. Due to changes in the BRFSS sampling methods, rates for 2011 and 2012 are not comparable with prior years.