

<b style="color: red;">ALLERGY &amp; ANAPHYLAXIS - EMERGENCY ACTION PLAN</b> <b>Allergy Medication Authorization &amp; Epinephrine Auto-Injector Authorization (EAI) Self-Administration Form</b> In Accordance with UCA 26-41-104 Utah Department of Health	School Year:	Picture
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<b>STUDENT INFORMATION</b>			
Asthma: <input type="checkbox"/> Yes (if yes, high risk for severe reaction, please also complete IHP101 form) <input type="checkbox"/> No			
Student:	DOB:	School:	Grade:
Parent:	Phone:	Email:	
Physician:	Phone:	Fax:	
School Nurse:	School Phone:	Fax:	

**EXTREMELY REACTIVE TO THE FOLLOWING:**

<b>Allergen(s):</b>			
<input type="checkbox"/> peanuts <input type="checkbox"/> tree nuts <input type="checkbox"/> wheat <input type="checkbox"/> dairy (safe to have baked milk) <input type="checkbox"/> soy <input type="checkbox"/> dairy (NOT safe to have baked milk) <input type="checkbox"/> shellfish <input type="checkbox"/> eggs (safe to have baked eggs) <input type="checkbox"/> fish <input type="checkbox"/> eggs (NOT safe to have baked eggs)	<input type="checkbox"/> latex <input type="checkbox"/> animals <input type="checkbox"/> medication <input type="checkbox"/> insect stings (list) _____	<input type="checkbox"/> other	

**.. ACTIONS FOR MILD TO MODERATE ALLERGIC REACTION**

<p><i>MILD Symptoms</i>  <b>Nose</b> – itchy/runny nose  <b>Mouth</b>- Itchy mouth  <b>Skin</b> – A few hives, mild itch  <b>Gut</b> – Mild nausea/discomfort, one episode of mild vomiting (not repetitive)</p>	<p>For MILD SYMPTOMS from A SINGLE SYSTEM area, follow the directions below:</p> <ul style="list-style-type: none"> <li>Antihistamines may be given, if ordered by a healthcare provider.</li> <li>Stay with the person; alert emergency contacts.</li> <li>Watch closely for changes. If symptoms worsen, give epinephrine.</li> </ul> <p style="text-align: center; color: red;"><b>For MILD SYMPTOMS from MORE THAN ONE system area, GIVE EPINEPHRINE</b></p>
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**.. ACTION FOR SEVERE ALLERGIC REACTION (ANAPHYLAXIS)**

<p><i>SEVERE Symptoms</i>  <b>Lung</b>-short of breath, wheezing, repetitive cough  <b>Heart</b>-pale, blue, faint, weak pulse, dizzy  <b>Throat</b>-tight, hoarse, trouble breathing or swallowing  <b>Mouth</b>-significant swelling of the tongue and/or lips  <b>Skin</b>-Many hives over body, widespread redness  <b>Gut</b>-Repetitive vomiting, severe diarrhea  <b>Other</b>-Feeling something bad is about to happen, anxiety, confusion</p>	<ol style="list-style-type: none"> <li><b>1. INJECT EPINEPHRINE IMMEDIATELY.</b></li> <li>2. Call 911. Tell them the child is having anaphylaxis and may need epinephrine when they arrive.</li> <li>3. Consider giving additional medications <u>following epinephrine</u> <ul style="list-style-type: none"> <li>Antihistamine</li> <li>Inhaler (bronchodilator) if wheezing</li> </ul> </li> <li>4. Lay the person flat, raise legs and keep warm. If breathing is difficult or they are vomiting, let them sit up or lie on their side.</li> <li>5. If symptoms do not improve, or symptoms return, more doses of epinephrine can be given about 5 minutes or more after the last dose.</li> <li>6. Alert emergency contacts.</li> <li>7. Transport them to emergency department even if symptoms resolve. Person should remain in ED for at least 4 hours because symptoms may return.</li> </ol>
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**MEDICATION**

Epinephrine (EAI) Brand:	Epinephrine Dose: <input type="checkbox"/> 0.15 mg IM <input type="checkbox"/> 0.3 mg IM	Side Effects:
Antihistamine Name:	Dose:	Side Effects:
Other: (e.g., inhaler-bronchodilator if wheezing)	Other Dose	Side Effects:

Location of epinephrine: Student Carries    Backpack    In Classroom     Health Office     Front Office     Other: \_\_\_\_\_

**PRESCRIBER TO COMPLETE**

The above named student is under my care. The above reflects my plan of care for the above named student.

**It is** medically appropriate for the student to self-carry Epinephrine Auto Injector (EAI) medication. The student should be in possession of EAI medication and supplies at all times.

Student can self-carry and self-administer EAI if needed, when able and appropriate.  
 Student can self-carry, but not self-administer EAI.

**It is not** medically appropriate to carry and self-administer this EAI medication. Please have the appropriate/designated school personnel maintain this student's medication for use in an emergency.

Healthcare Provider (print)	Signature	Date
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## PARENT TO COMPLETE

### Parental Responsibilities:

- The parent or guardian is to furnish the Epinephrine Auto Injector (EAI) medication and bring to the school in the current original pharmacy container and pharmacy label with the child's name, medication name, administration time, medication dosage, and healthcare provider's name.
- The parent or guardian, or other designated adult will deliver to the school and replace the Epinephrine Auto Injector (EAI) medication within two weeks if the Epinephrine Auto Injector (EAI) single dose medication is given.
- If a student has a change in his/her prescription, the parent or guardian is responsible for providing the newly prescribed information and dosing information as described above to the school. The parent or guardian will complete an updated Epinephrine Auto Injector (EAI) Authorization Form/Emergency Action Plan (this form) before the designated staff can administer the updated Epinephrine Auto Injector (EAI) medication prescription.

### Parent/Guardian Authorization

- I **authorize** my child to carry the prescribed medication described above. My student is responsible for, and capable of, possessing an epinephrine auto-injector per UCA 26-41-104. My child and I understand there are serious consequences for sharing any medication with others.
- I authorize my student to self-carry and self-administer EAI if needed, when able and appropriate.
  - I authorize my student to self-carry, but not self-administer EAI.

- I **do not authorize** my child to carry and self-administer this medication. Please have the appropriate/designated school personnel maintain my child's medication for use in an emergency

*As parent/guardian of the above named student, I give my permission to the school nurse and other designated staff to administer medication and follow protocol as identified in this Emergency Action Plan. I agree to release, indemnify, and hold harmless the above from lawsuits, claim expense, demand or action, etc., against them for helping this student with allergy/anaphylaxis treatment, provided the personnel are following physician instruction as written in the emergency action plan above. Parent/Guardians and students are responsible for maintaining necessary supplies, medication and equipment. I give permission for communication between the prescribing health care provider, the school nurse, the school medical advisor and school-based clinic providers necessary for asthma management and administration of medication. I understand that the information contained in this plan will be shared with school staff on a need-to-know basis and that it is the responsibility of the parent/guardian to notify school staff whenever there is any change in the student's health status or care.*

Parent Name (print)	Signature	Home Number	Cell Number
Emergency Contact	Relation	Home Number	Cell Number

### SCHOOL NURSE (or principal designee if no school nurse)

- Signed by physician and parent     Medication is appropriately labeled     Medication log generated

Epinephrine is kept:  Student Carries     Backpack     In Classroom     Health Office     Front Office     Other: \_\_\_\_\_

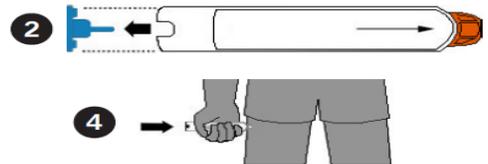
Allergy & Anaphylaxis Emergency Action Plan (this form) distributed to need to know staff:

- Teacher(s)     Transportation     PE teacher(s)     Front office/administration     Other: \_\_\_\_\_

School Nurse Signature \_\_\_\_\_ Date \_\_\_\_\_

#### EPIPEN® AUTO-INJECTOR DIRECTIONS

1. Remove the EpiPen Auto-Injector from the clear carrier tube.
2. Remove the blue safety release by pulling straight up without bending or twisting it.
3. Swing and firmly push orange tip against mid-outer thigh until it 'clicks'.
4. Hold firmly in place for 3 seconds (count slowly 1, 2, 3).
5. Remove auto-injector from the thigh and massage the injection area for 10 seconds.



#### ADRENALICK® (EPINEPHRINE INJECTION, USP) AUTO-INJECTOR DIRECTIONS

1. Remove the outer case.
2. Remove grey caps labeled "1" and "2".
3. Place red rounded tip against mid-outer thigh.
4. Press down hard until needle enters thigh.
5. Hold in place for 10 seconds. Remove from thigh.



#### ADMINISTRATION AND SAFETY INFORMATION FOR ALL AUTO-INJECTORS:

1. Do not put your thumb, fingers or hand over the tip of the auto-injector or inject into any body part other than mid-outer thigh. In case of accidental injection, go immediately to the nearest emergency room.
2. If administering to a young child, hold their leg firmly in place before and during injection to prevent injuries.
3. Epinephrine can be injected through clothing if needed.
4. Call 911 immediately after injection.