FIRST AID FOR SEIZURES AT SCHOOL

FOR ALL TYPES OF SEIZURES
• Prevent Injury
• Time seizure
• Stay with the person until seizure ends and person fully awake.
• After the seizure tell them what happened in simple terms.
• Calm yourself and others
• Check to see if there is a medical bracelet.
• Follow student’s individualized healthcare plan (IHP)

CALL 911 IF
• Rescue medications are given
• Seizures start again soon after ending
• Seizure lasts longer than 5 minutes (or sooner as per student IHP)
• No known history of seizures
• The person has a health condition like diabetes (consider diabetic first aid) or heart disease or pregnancy

FOR CONVULSIVE SEIZURES
• Follow poster tips and:
• Remove nearby objects that may cause injury
• Remove eyeglasses
• May need to ease the person to the ground
• Time seizure
• Follow health provider’s orders for administering emergency rescue medications (usually after 5 minutes). Inform parents and nurse.

AFTER THE SEIZURE
• Place in side-lying recovery position.
• CPR is not necessary during a seizure. If breathing does not resume or stops after a seizure, CALL 911 and follow the protocol for AED/CPR for the person’s age